



DEVELOPMENT TEAM

This program focuses on the development of cross-country skiing and biathlon shooting technique through regular practice sessions and camps. The overall training program is designed to work with your school and other sports schedules to maximize long-term athlete development.

For Ages: 12-15

2-3 practices each week

3-4 camps per year

10-12 race opportunities

Website

www.mainewsc.org



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www.facebook.com/maine.Winter.Sports.Center

