

NAME \_\_\_\_\_  
STREET \_\_\_\_\_  
TOWN \_\_\_\_\_  
STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_  
PHONE NUMBER \_\_\_\_\_  
BIRTHDAY \_\_\_\_\_

# CROWN OF MAINE CROSS COUNTRY SKI CHALLENGE

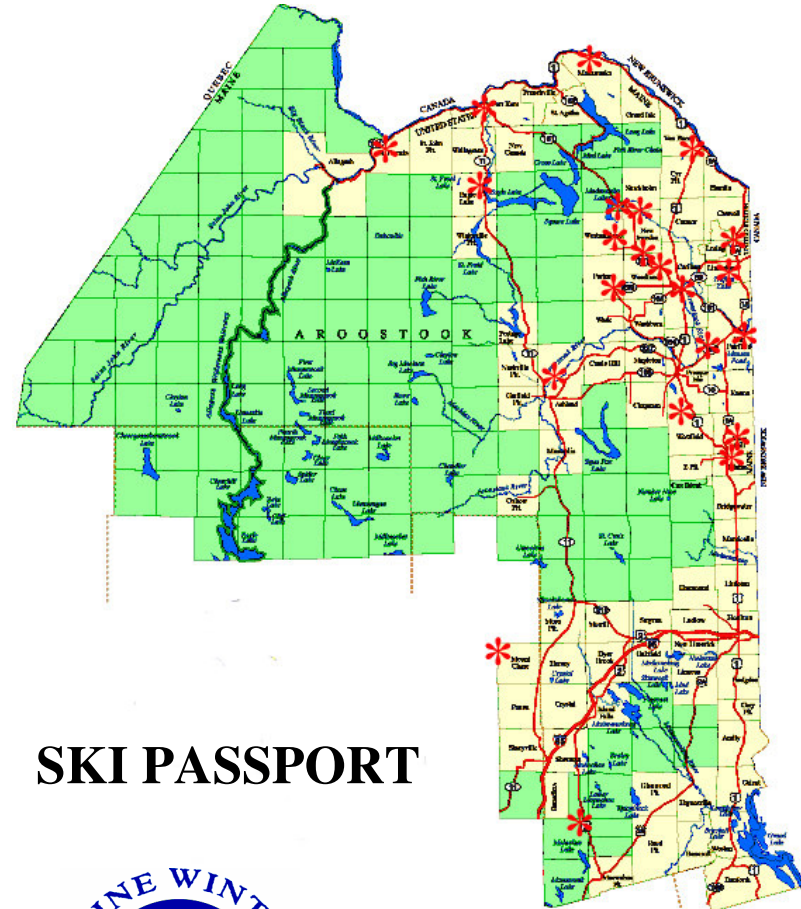
## CHALLENGE RULES

1. When cross country skiing the area trails the major sections of the trail system should be explored. Trails maps can be found on the Maine Winter Sports website.
2. No more than three trails maybe done in any one day.
3. You should be careful to abide by the rules for each trails system skiing in the correct direction using the correct technique for the trails. Several trail systems allow classical skiing only. Please make sure that you respect the track.
4. Your card should be signed and dated by someone you meet at the area. Make sure to explain what you are doing by skiing the trail.
5. When you complete the challenge you should send your card to the Maine Winter Sports Office for verification and your award.

**Maine Winter Sports Center**  
552 Main Street  
Caribou, ME 04736

207-492-1444 (voice)  
207-492-1442 (fax)

<http://www.mainewsc.org/>



## SKI PASSPORT



**Working with the  
community to  
re-establish skiing  
as a lifestyle in Maine.**

## AROOSTOOK NIGHT SKIING TRAILS

---

These are trails that are lighted and open to the public. Night skiing is a completely different experience. To completely the challenge you will need to ski at least two of the trails list below.

<b>10<sup>th</sup> Mountain Trail</b>	Date _____	Sign _____
<b>Caribou HS Trail</b>	Date _____	Sign _____
<b>Nordic Heritage Trail</b>	Date _____	Sign _____

## NORTHERN AROOSTOOK TRAILS

---

These are trails that are located in the St John Valley section of Aroostook County. Each trail offers the skier a different experience. To completely the challenge you must ski at the entire list of areas below.

<b>10<sup>th</sup> Mountain Trails</b>	Date _____	Sign _____
<b>Madawaska HS Trails</b>	Date _____	Sign _____
<b>Split Cedar Trails (VB)</b>	Date _____	Sign _____

## EASTERN AROOSTOOK TRAILS

---

These are trails that are located in the eastern section of Aroostook County. Each trail offers the skier a different experience. To completely the challenge you must ski at the entire list of areas below.

<b>Trafton Lake Trails</b>	Date _____	Sign _____
<b>Loring Wildlife Trails</b>	Date _____	Sign _____
<b>Fort Fairfield Trails</b>	Date _____	Sign _____

## SOUTHERN AROOSTOOK TRAILS

---

These are trails that are located in the southern part of Aroostook County. Each trail offers the skier a different experience. To completely the challenge you must ski at the entire list of areas below.

<b>Little Rock Trail</b>	Date _____	Sign _____
<b>Big Rock Trail</b>	Date _____	Sign _____
<b>Aroostook SP Trail</b>	Date _____	Sign _____
<b>Nordic Heritage Trails</b>	Date _____	Sign _____

## CENTRAL AROOSTOOK TRAILS

---

These are trails that are located in the central part of Aroostook County. Many of these trails are small local school/community trails. Each trail offers the skier a different experience. To completely the challenge you must ski at the entire list of areas below.

<b>Nordic Lake Island Trail</b>	Date _____	Sign _____
<b>Snowy Mountain Trails</b>	Date _____	Sign _____
<b>Caribou Country Club</b>	Date _____	Sign _____
<b>Caribou HS Trail</b>	Date _____	Sign _____
<b>Woodland Ski Trails</b>	Date _____	Sign _____
<b>New Sweden Trails</b>	Date _____	Sign _____
<b>Westmanland Trails</b>	Date _____	Sign _____

## RURAL AROOSTOOK TRAILS

---

These trails are found though-out Aroostook County and offer local residence a place to ski that is close to their home. To complete the challenge you need to ski at least two of the areas from the group below.

<b>Benedicta Ski Trail</b>	Date _____	Sign _____
<b>Shin Pond Trail</b>	Date _____	Sign _____
<b>Aroostook Ski Touring</b>	Date _____	Sign _____
<b>St Francis Trail</b>	Date _____	Sign _____
<b>Eagle Lake Trail</b>	Date _____	Sign _____

## TRAIL/RACE VOLUNTEER

---

Please remember that most of these facilities are for the use of the public at no charge and it is only through volunteers efforts that the facility will continue to grow and operate. So in the spirit of skiing in order to complete the challenge you will need to volunteer for three volunteer activities. These activities can be working at a race, trail or facility maintenance work, event help, community coaching or any other activity that promotes cross country skiing in Aroostook County.

<b>SKI Event Day</b>	Date _____	Sign _____
<b>SKI Event Day</b>	Date _____	Sign _____
<b>SKI Event Day</b>	Date _____	Sign _____
<b>SKI Event Day</b>	Date _____	Sign _____
<b>SKI Event Day</b>	Date _____	Sign _____